

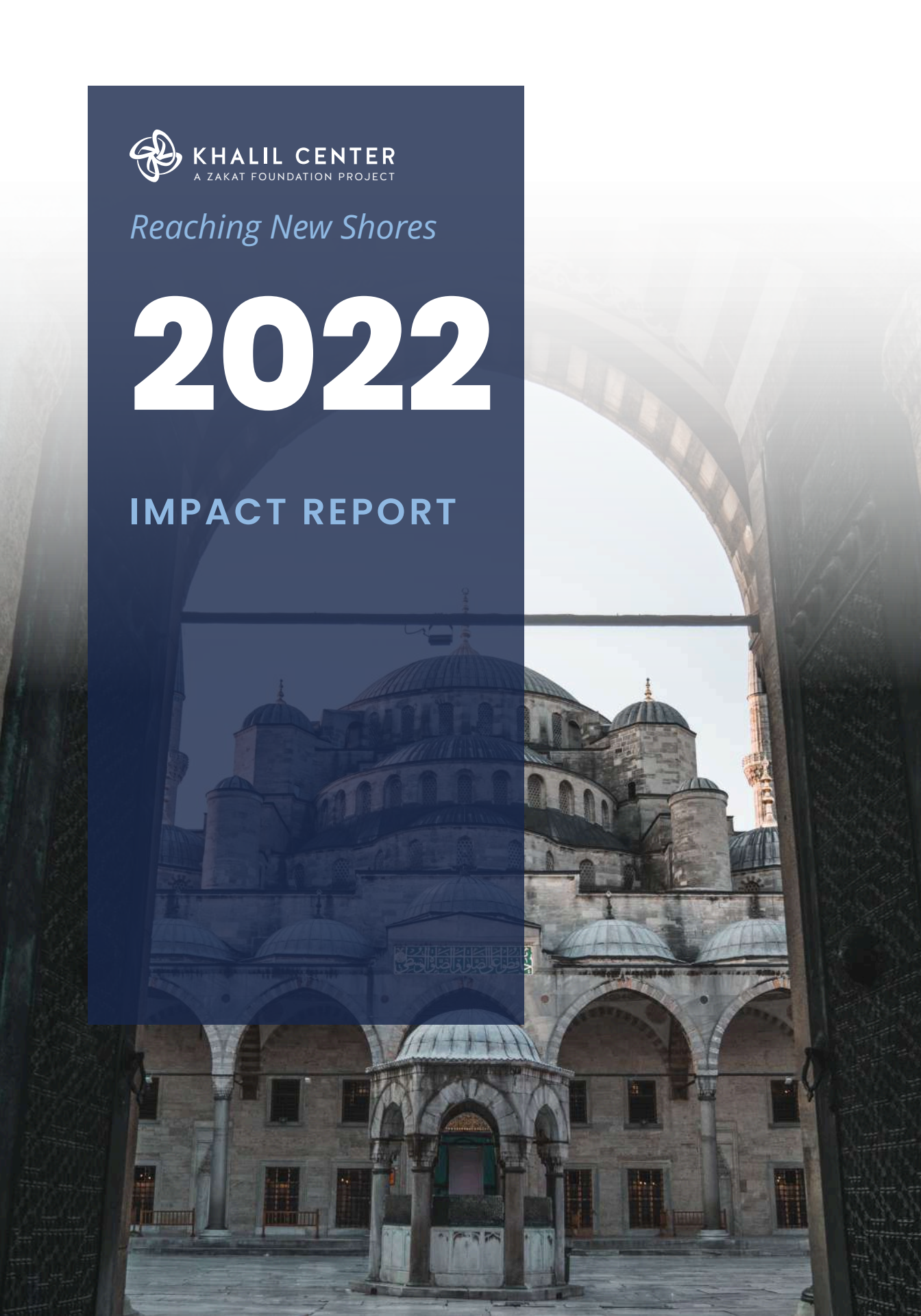


KHALIL CENTER
A ZAKAT FOUNDATION PROJECT

Reaching New Shores

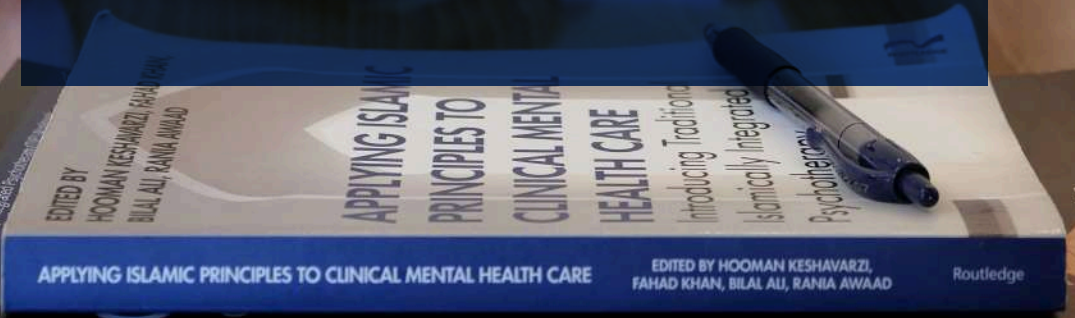
2022

IMPACT REPORT



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Reaching New Heights

Salaam, Dear Beloved Stakeholders and Beneficiaries of Khalil Center,

I wanted to first and foremost thank our stakeholders, supporters and beneficiaries for making Khalil Center what it is today. Khalil Center now celebrates its 13 years of existence. It has been 13 years of service to our community. Starting from a single small office and one practitioner to now having multiple centers throughout the United States with over 50 mental health professionals serving the American Muslim community in our clinics, community spaces and virtually.

This year was an important year for us. Khalil Center has evolved from being a clinic and providing clinical services to becoming an international leader in shaping the way that Mental health services is delivered to Muslim communities across the globe. Khalil Center is brining the Prophetic tradition and rich Islamic heritage to the mental health sector, thereby breathing the soul back into psychology. It is re-humanizing mental health services, through the research and training that is offered across the world. Khalil Center offered its professional trainings on the Islamically integrated model of psychotherapy in various places in the world, such as the United States, Canada, United Kingdom, Pakistan, Turkey and Qatar. Khalil Center's model serves as the inspiration behind the creation of the first graduate degree in Clinical Islamic Psychology housed in Doha, Qatar. Over 500 students and mental health professionals have received our professional trainings and now are going on to change and positively impact the lives of hundreds of thousands of their patients across various mental health sectors and settings. Alhamdulillah! Who would have thought that a small center 13 years ago could make such an impact.

This is why I often mention that the work Khalil Center does is a movement. It is beyond a single institution, and it is the movement that is being shaped and the work that's being done that is most exciting and impactful. All of us who have supported this organization, as service providers, employees, advisors, donors, supporters or beneficiaries have been an instrumental part of this movement. With your continued support, we will continue to roll out more virtual and in-person community courses and workshops, service more patients and train more students. Mental health conversations have changed drastically since 13 years ago and now the interest in mental health is higher than its ever been before. It is important that we continue to shape the direction of this movement and to ensure that spiritual health is an essential and instrumental part of mental health treatment.

May Allah accept this work from us, give us sincerity, facilitate healing through us and serve as positive role models and examples of the Islamic tradition.

Sincerely,

Your Servant-Leader,

Dr. Hossain Keshavarzi



About Khalil Center



About Khalil Center

Khalil Center is a psychological and spiritual community wellness center advancing the professional practice of psychology rooted in Islamic principles. Khalil Center is an initiative designed to address the widespread prevalence of social, psychological, familial, relational, and spiritual issues of Muslim communities.

Our work is divided into 3 areas:

1

Clinical Services



2

Community Education



3

School of Islamic Psychology & Research



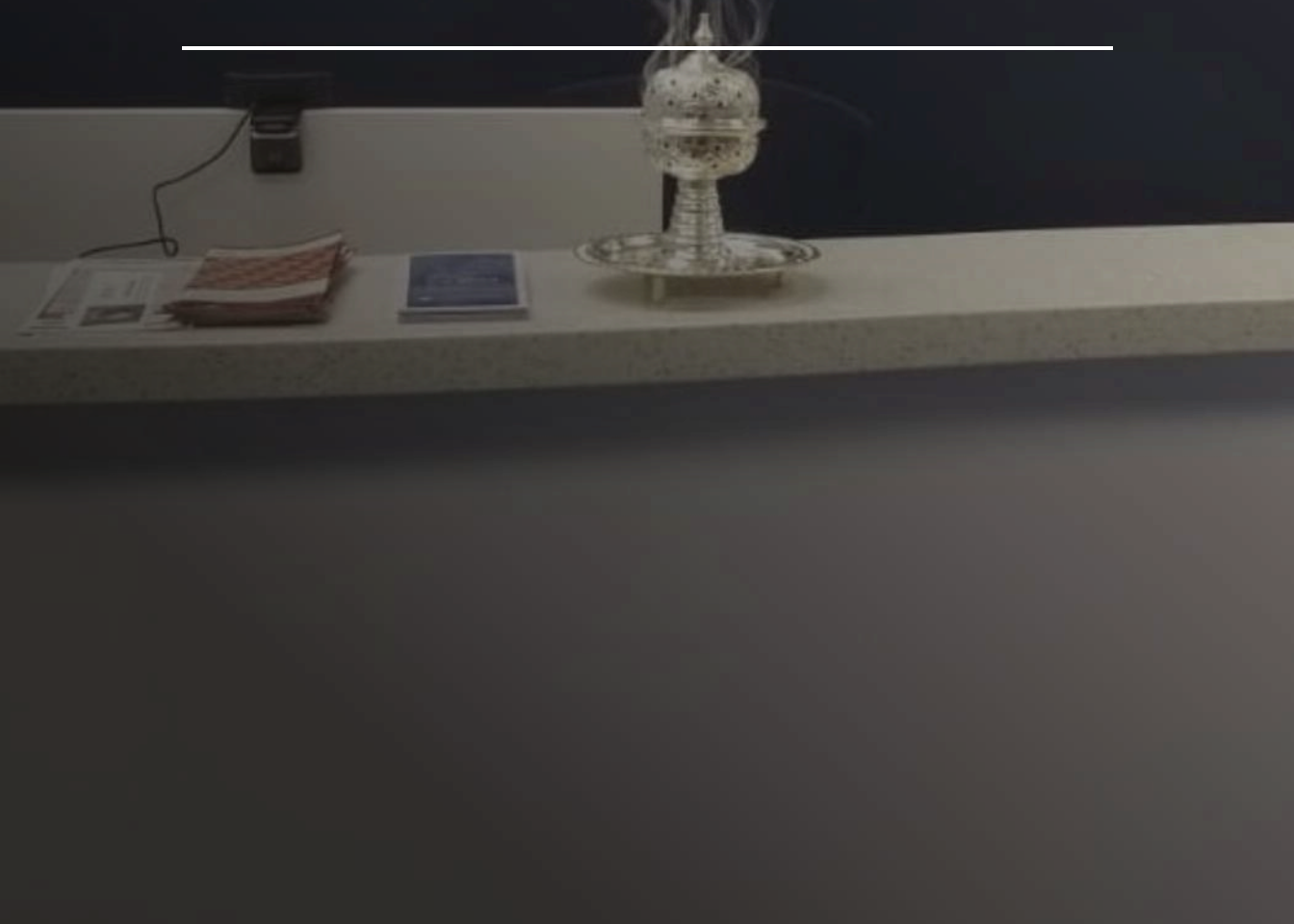


KHALIL CENTER

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Our Team





Our Team

Khalil Center is proud to have a diverse team of qualified, experienced, and licensed therapists diligently serving the mental health needs of the Muslim community. Our vital work is only possible through their passion and dedication.

Leadership



Dr. Hooman Keshavarzi



Bilal Ali Ansari



Mohsin Khan



Halil Demir

Chicagoland

Akrama Hashmi
Deema Bakleh
Dr. Dilek McCombs
Dr. Fahad Khan
Dr. Hamza Quadri
Dr. Muheeb Giwa
Dr. Samar Harfi
Dr. Sarah Syed
Fatima Siddiqi
Humeraa Khoda
Kareema Abdallah
Lujain Mahmoud
Maria Habeeb
Rabiah Dayala
Rafay Raziuddin
Rama Atieh
Shireen Musleh
Sujod Bdaiwi
Tariq Elsaid
Yasmin Abdelmawla
Zayd Mujahid

Los Angeles

Aciah Atayee
Ala Namaan
Amin Momand
Fatima Wahab
Fiaz Zubair Syed
Humera Sheikh
Humna Ali
Nursel Hussain
Sarah Rahman
Suhail Mulla
Tabari Zahir
Pauline Rivera
Usman Khan

New York

Mohammed ElFiki
Venus Mahmoodi

Santa Clara

Cody Sana Qureshi
Ghazia Hassan
Heba El-Haddad
Nabia Hosy Nasimi
Sabreen Azhar
Sumayyah Rawashdeh

Toronto

Emad Alarashi
Fatima Baig
Fatima Qureshi
Kashmala Qasim
Munsif Mubarak
Rumia Owaisi
Raniya Syed
Sadiyah Chauhan
Sajida Gangat
Sobia Mahmood
Sumayya Mehmood
Suzan Radwan

KC Online

Amatullah Craft
Enes Kaban
Mohamed Sattar
Musa Sugapong
Naveed Bajwa
Saliha Büsra Selman
Unaiza Malik

History of Our Organization

20
10

2010

AUG 2010

Begun operations in a Roselle, IL basement office

2013

SEP 2013

Opened satellite office in Lincolnwood, IL, one counseling room in a multi-practice medical office

2014

JAN 2014

Partnered with University of Illinois Chicago's Department of Psychiatry to advance Muslim mental health services

MAR 2014

Begun accredited internships for undergraduates and clinical practicums for graduates

AUG 2014

Opened headquarters office in Glen Ellyn, IL with four counseling rooms and two group therapy meeting rooms

AUG 2015

Opened satellite office near Burbank, IL with three counseling rooms

SEP 2015

Begun providing remote web therapy nationwide. Partnered with Stanford University's Muslim Mental Health Lab

NOV 2015

Opened first satellite Bay Area office at the MCA in Santa Clara, CA with two counseling rooms

2015

2016

NOV 2016

Opened second satellite Bay Area office in Pleasanton, CA with one counseling room

JAN 2017

Signed lease for Bay Area headquarters in Union City, CA

AUG 2017

Completion of build out and opening of California Regional headquarters

NOV 2017

Acquired a National Headquarters building in Chicago's Western Suburbs Lombard, IL

DEC 2017

New York City Office acquired

JAN 2019

Opened Los Angeles Office

FEB 2019

Opened first International Office in Toronto, ON

AUG 2019

Partnered with Ibn Haldun University

DEC 2019

Completed first ever one year empirical study on an Islamic model of psychotherapy

JUL 2021

Khalil Center featured in a mental health documentary series by PBS & WORLD Channel.

AUG 2021

Held first ever international training for TIIP in Istanbul, Turkey.

SEP 2021

Partnered with Usul Academy.

Launched a 1-year research fellowship with the Istanbul Research and Education Foundation (ISAR).

2022

2017

2019

2021

2022

2018

2020

JUN 2018

Opened New York City Office

MARCH 2020

Khalil Center Online is launched to deal with COVID-19, securing a grant to increase accessibility across North America.

JUL 2020

Khalil Center cohost's the 12th Annual Muslim Mental Health Conference.

JUL 2020

Revolutionary work on Islamically-integrated psychology is published: "Applying Islamic Principles to Clinical Mental Health Care"

OCT 2020

Introductory 6-part series on TIIP held in partnership with the Chicago School of Professional.

AUGUST 2022

TIIP Training (Held in Istanbul Turkey)

OCTOBER 2022

Parenting from an Islamic Psychological Lens Seminar (Held in Toronto CA)

DECEMBER 2022

Role of Parenting (Online Conference)



Clinical Services

Clinical Services

Clients Served
in 2022

2,334



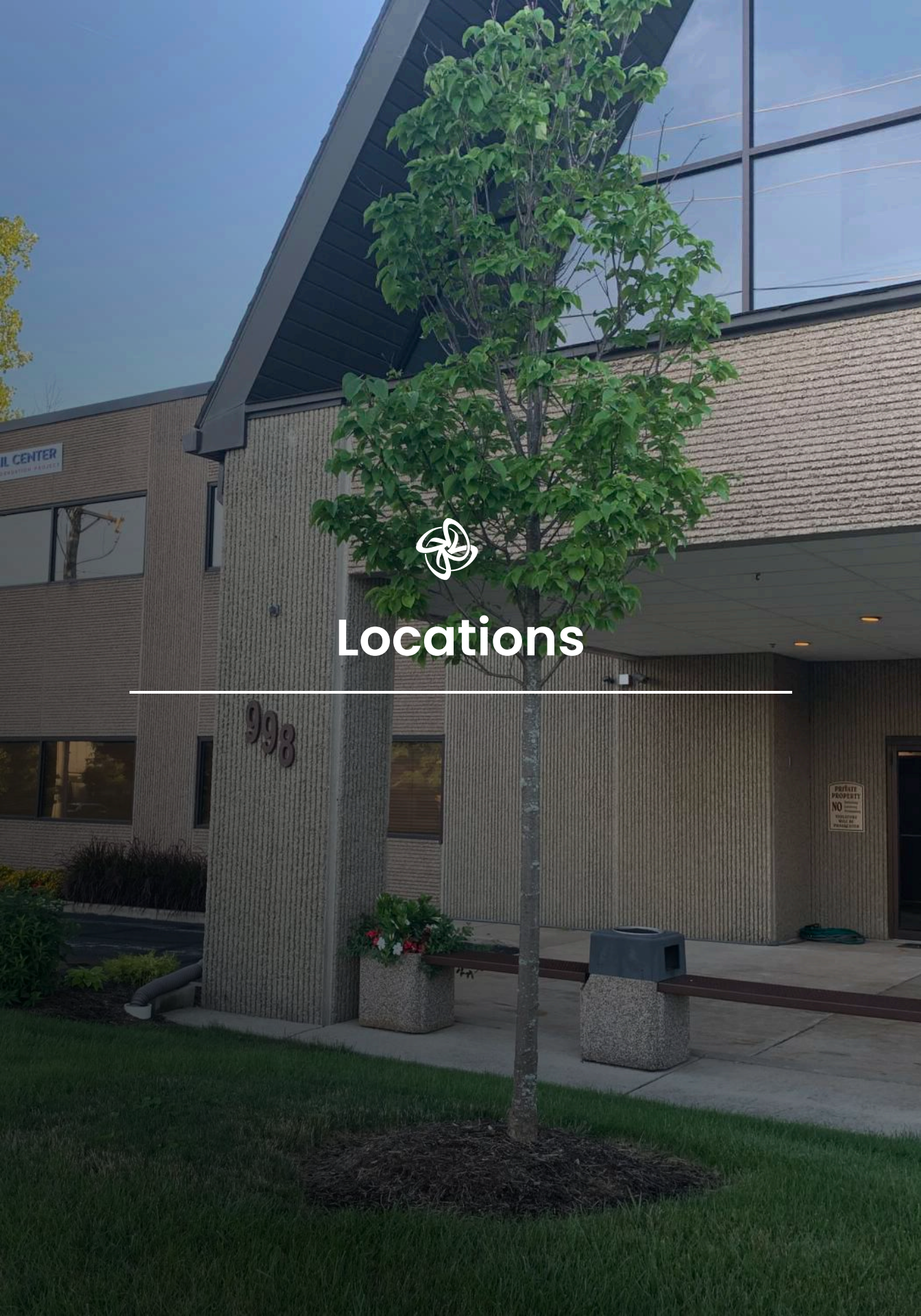
Appointments
Scheduled in 2022

13,065

States Reached

38





Locations

998

PRIVATE
PROPERTY
NO
TRESPASSING



Locations



CHICAGO (NATIONAL HEADQUARTERS)

998 N Lombard Rd. Lombard, IL 60148



LOS ANGELES

9836 White Oak Ave., Suite 101
Northridge, CA 91325



NEW YORK

4 W. 43rd St., Suite 510/520
New York, NY 10036



BAY AREA

3003 Scott Blvd,
Santa Clara, CA 95054



TORONTO

201 Consumers Rd. Suite 101
M2J4GB, North York, ON

We offer the following
the Quran, Sunnah, & our tra



**Islamically
Integrated
Psychotherapy**



**Marriage
Counseling**



**Religious
Consultation**



**Psychological
Evaluations**

g services inspired by
dition of the spiritual sciences



**Premarital
Coaching**



**Psychiatry/
Medication
Management**



**Cognitive
Assessments**



**Career
Counseling**



Community Education





Community Education

Khalil Center: Reaching New Heights in Community Education

Khalil Center, a leading organization dedicated to psychological and spiritual well-being, is soaring to new heights in community education. With a remarkable track record of 90 events held both online and in person across 31 cities and 6 countries, their impact on individuals and communities is undeniable.

Through this impressive outreach, Khalil Center has made significant strides in:



1. Expanding Reach:

By venturing beyond physical boundaries and utilizing online platforms, Khalil Center has connected with individuals across diverse locations, facilitating access to valuable knowledge and resources regardless of geographical constraints.



2. Diversifying Audiences:

Reaching 31 cities and 6 countries demonstrates their ability to engage with a wide range of communities, promoting inclusivity and fostering a sense of belonging.



3. Addressing Diverse Needs:

With 90 events covering a variety of topics, Khalil Center has catered to a multitude of needs and interests. This tailored approach ensures individuals can access knowledge and support relevant to their specific challenges and aspirations.



4. Utilizing Technology:

Leveraging online platforms has enabled Khalil Center to reach a wider audience, overcome geographical limitations, and provide real-time access to information and resources.



5. Creating a Global Community:

By fostering connections across borders and cultures, Khalil Center is building a global community united by shared values and a commitment to personal and spiritual growth.

Khalil Center's dedication to community education is truly commendable. As they continue to reach new heights, their impact on individuals and communities will undoubtedly continue to grow, leaving a lasting legacy of well-being and positive change.

Khalil Center values the education of the greater Muslim community and promotes spiritual integration beyond our walls. Our community focuses on:



Parenting



**Family
Cohesion**



**Character
Development +
Growth**



**Socio-Emotional
Well-Being for
Children**

slim community as we build a movement of psycho-
community education strives to strengthen the following:



Marriages



**Pre-Marital
Awareness**



**Youth
Development**



**Individual
Resilience**



25%

**Did you know that up to 25% of
Muslim Americans have reported
anxiety disorders?**





School of Islamic Psychology & Research



School of Islamic Psychology & Research

Khalil Center is devoted to the advancement of the professional practice of psychology rooted in Islamic principles. We focus on the production of intersectional research between the Islamic and behavioral sciences. Our mission is to further the development, dissemination, training and practice of Islamically integrated mental healthcare - otherwise known as “Traditional Islamically Integrated Psychotherapy (TIIP)”

We strive to actualize this vision through the following areas:

1

Publications



2

Clinical Training



3

Professional Clinical Education





Publications





Islamic Workbook for Religious OCD

Khalil Center released the world's first ever

This workbook is specifically designed for those struggling with obsessive-compulsive disorder (OCD) or, as is typically called in the Islamic and Arabic literature waswasa or al-waswas al-qahri in modern Arabic.

This workbook was written in order to assist them during their journey to recovery. OCD symptoms can interact with religious beliefs and practices in religiously observant individuals, resulting in what is known as OCD scrupulosity.





Central Concern for Islamic Jurisprudence:
Taklif (Legal Responsibility)



Clinical Training

EDITED BY
HOUMAN KESHAVAN
BILAL ALI, RANIA AWAA

APPLYING ISLAMIC
PRINCIPLES TO
MENTAL
...nal

Clinical Training

Khalil Center is committed to providing students of psychology ample opportunities to progress in their careers and build the skillsets needed to effectively serve the greater Muslim community. Our training programs afford students unique advantages which include weekly supervisions, varying modes of therapy, research, training, case conceptualizations, and more.

Our training programs include the following:



Undergraduate, Graduate,
and Doctoral Internships



Post-Doctoral
Fellowships



TIIP Supervision

2022 at a glance

2

Interns
Graduated

30

Hours of didactic
trainings delivered

3

TIIP Supervision
groups conducted

Lifetime at a glance

17

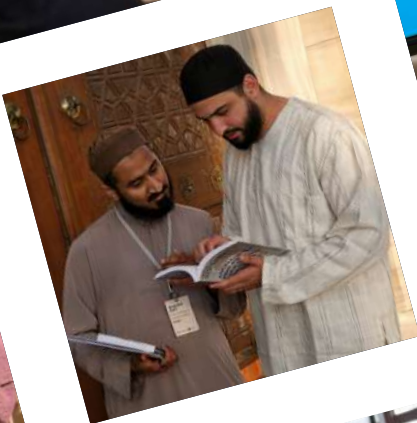
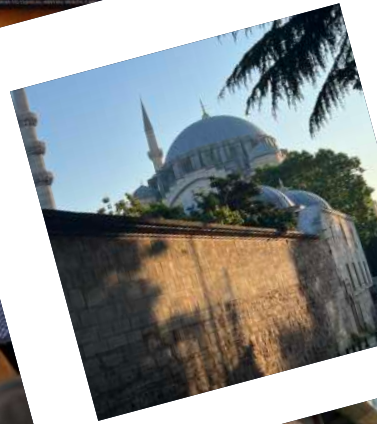
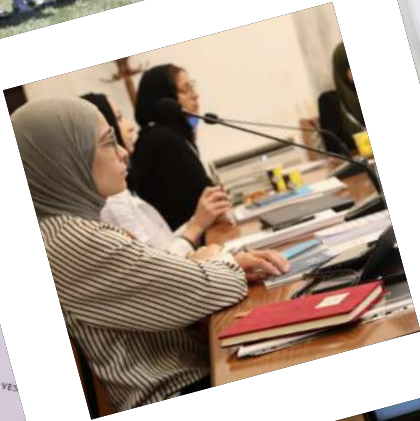
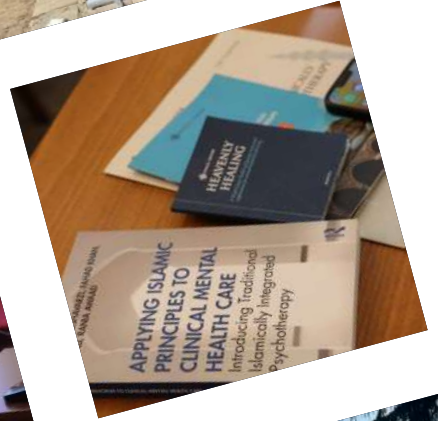
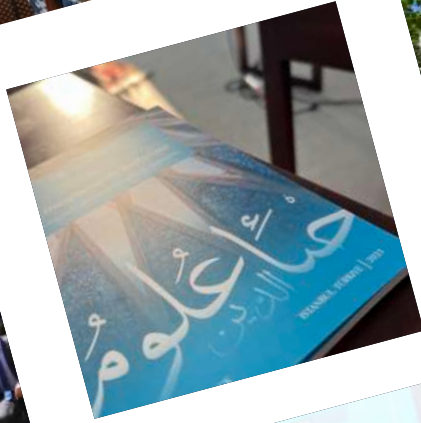
Interns
Graduated

270

Hours of didactic
trainings delivered

17

TIIP students
completed
supervision





Professional Education

Khalil Center values the education of the greater Muslim community as we build a movement of psycho-spiritual integration and reform beyond our walls. We hope to inspire and educate the next generation of Muslims psychologists and therapists that will pave the way for more healing and tranquility.

Khalil Center's Flagship TIIP Training Has Gone Global!

This year, Khalil Center held its first ever, international training on the TIIP (Traditional Islamically Integrated Psychotherapy) modality at the famous Süleymaniye Madrasah in Istanbul, Turkey.

7 International Trainings Held:

Where



The Chicago School of Professional Psychology
Chicago, Illinois, USA



The Suleymaniye Madrasah Istanbul,
Turkey



RIPHAH International University Islamabad,
Pakistan



Shifa University Islamabad, Pakistan

Students from Across The World:

20+

States

19+

Countries

500+

Student Applications

50+

Student Scholarships Distributed



Academic Partnerships

Academic Partnerships

Khalil Center takes pride in the academic partnerships it has with various reputable institutions internationally. These strategic relationships help Khalil Center consistently offer professional trainings and education to a wide range of students across the globe.



Usul Academy



Association of Psychology Postdoctoral & Internship Centers



Ibn Haldun University



Bahria University



The Chicago School of Professional Psychology



Riphah International University



Shifa Tameer-e-Millat University



Institute for Muslim Mental Health



University of Illinois at Chicago



Istanbul Research & Education Foundation



Eğitime Destek Programları Merkezi



Claritas Publishing



I IDR



Inspired Minds



HBKU



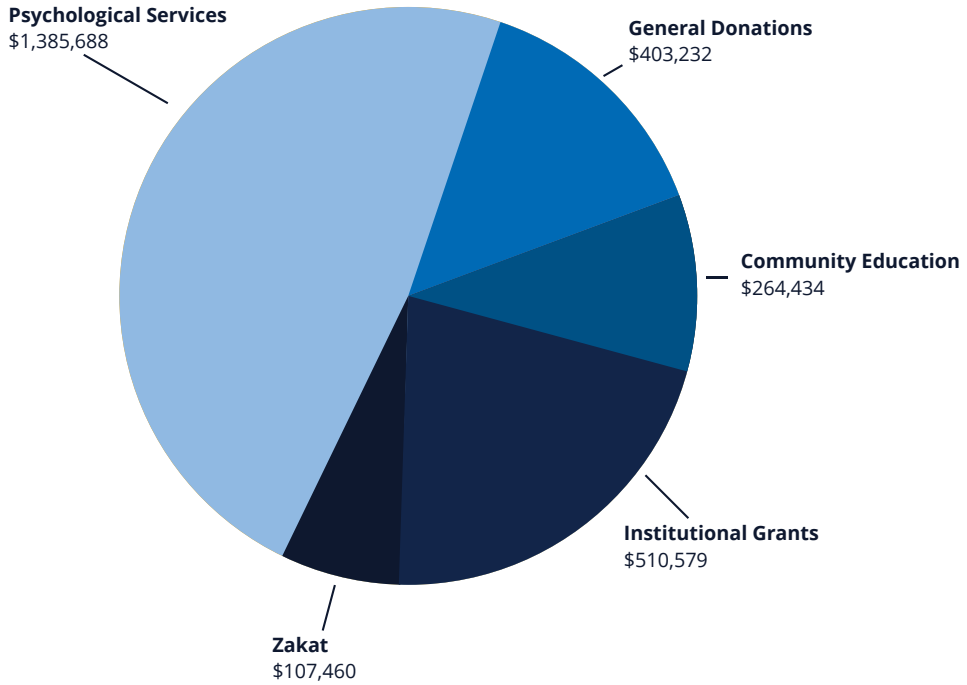
ISIP



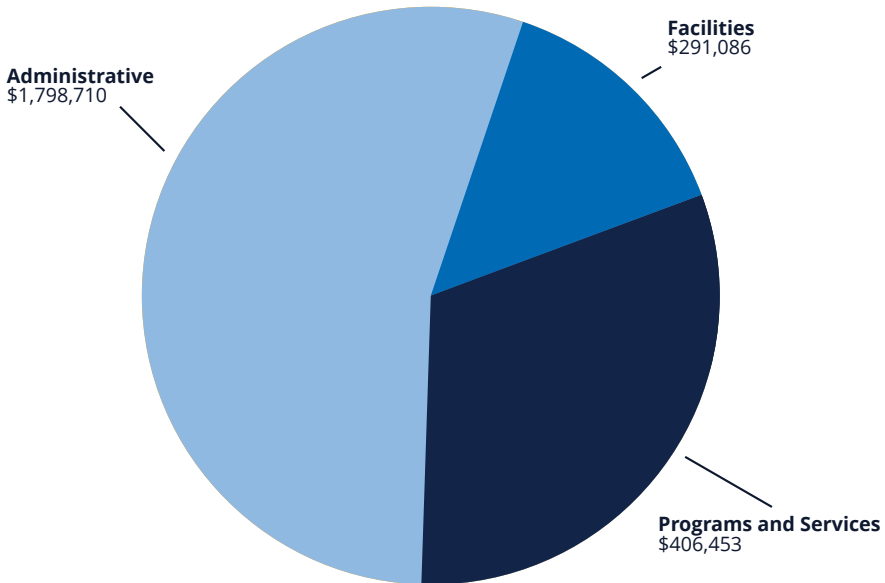
Financials



Revenue



Expenses





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