



KHALIL CENTER
A ZAKAT FOUNDATION PROJECT

Expanding Our Horizons

2021

IMPACT REPORT



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Reaching New Heights

Khalil Center began as a private clinic in 2010 with myself as the sole therapist. I was studying the Islamic sciences and working with scholars on models of care that are Islamically rooted so I could integrate them with the behavioral science interventions that I practiced.

These collaborative efforts culminated in two seminal, peer-reviewed journal publications (2012 & 2013 respectively) on an Islamically-oriented model of psychotherapy that generated much interest among the professional community. I was bombarded with requests to speak about Islamically integrated psychotherapy from across the country and saw an increased demand for therapy services as community leaders began referring to my practice.

By 2014, I recognized the incredible demand in our community. In order to fulfill the mandate of serving humanity through a charitable ethic, we formed a board consisting of Islamic scholarship and healthcare professionals to establish our center as an Islamic institution and 501(c)(3) not for profit organization.

Khalil Center became a community wellness center that focuses on: Prevention, Intervention, and Research & Training with the help of talented staff consisting of licensed mental health professionals who shared the same vision.

Since then, Khalil Center has grown to become the largest provider of Muslim mental health in North America, healing thousands of hearts and transforming lives across the globe. We have progressed greatly, but the work has only just begun. Our services have become so widely sought-after that we are forced to turn people away, people who are not interested in a referral or seeing anyone else.

Please join us on this journey of transformation as we continue to bring Islamic Psychology to communities in need. I pray that Allah gives us sincerity and acceptance in this work.



Dr. Hooman Keshavarzi

Executive Director & Founder

About Khalil Center

Khalil Center is a psychological and spiritual community wellness center advancing the professional practice of psychology rooted in Islamic principles. Khalil Center is an initiative designed to address the widespread prevalence of social, psychological, familial, relational, and spiritual issues of Muslim communities.

Our work is divided into 3 areas:

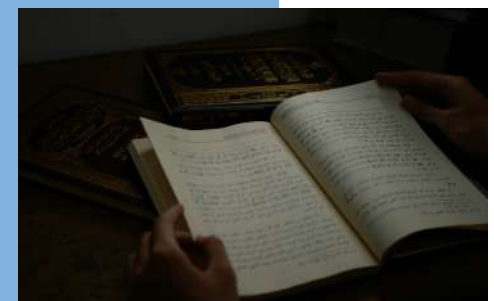
1 Clinical Services



2 Community Education

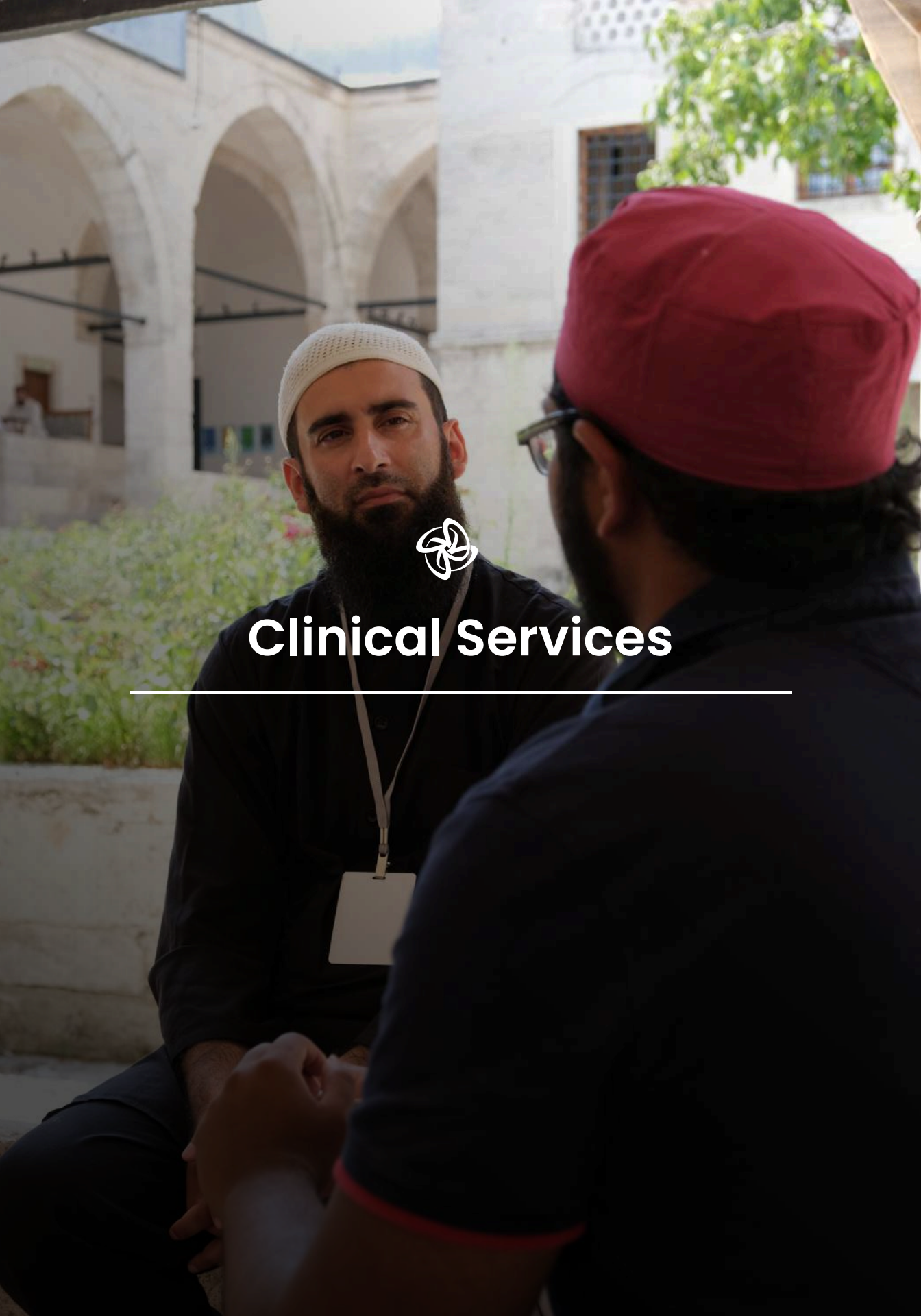


3 School of Islamic Psychology & Research



About Khalil Center





Clinical Services

Clinical Services

Clients Served
in 2021

2,371



Sessions
Delivered in 2021

17,944

Sessions Delivered
since 2013

61,306



We offer the following services inspired by
the Quran, Sunnah, & our tradition of the spiritual sciences



**Islamically
Integrated
Psychotherapy**



**Marriage
Counseling**



**Premarital
Coaching**



**Psychiatry/
Medication
Management**



**Religious
Consultation**



**Psychological
Evaluations**



**Cognitive
Assessments**



**Career
Counseling**



Community Education

Community Education

2021 at a glance



58 Events



8 Different Countries



4,466 Event Attendees

Khalil Center was featured in a documentary series hosted by PBS which aired internationally on the WORLD Channel. The series, entitled “Decolonizing Mental Health” featured Dr. Hooman Keshavarzi discussing his journey through mainstream mental health care and the inspiration behind Khalil Center.



#orempsum #orempsum

The Chorus | Decolonizing Mental Health

324,633 views



WORLD Channel
29.1K subscribers

SUBSCRIBE 2.0M



Khalil Center values the education of the greater Muslim community as we build a movement of psycho-spiritual integration beyond our walls. Our community education strives to strengthen the following:



Parenting



**Family
Cohesion**



Marriages



**Pre-Marital
Awareness**



**Character
Development +
Growth**



**Socio-Emotional
Well-Being for
Children**



**Youth
Development**



**Individual
Resilience**

School of Islamic Psychology & Research

Khalil Center is devoted to the advancement of the professional practice of psychology rooted in Islamic principles. We focus on the production of intersectional research between the Islamic and behavioral sciences. Our mission is to further the development, dissemination, training and practice of Islamically integrated mental healthcare - otherwise known as "Traditional Islamically Integrated Psychotherapy (TIIP)"

We strive to actualize this vision through the following areas:

1 Publications



2 Clinical Training



3 Professional Clinical Education



School of Islamic Psychology & Research

Publications

Khalil Center faculty and leadership are constantly involved in cutting edge research to shed light on rampant mental health issues in the Muslim community and uncover hidden gems from the rich Islamic tradition of spiritual healing.

In 2021, 3 important research works were published by reputable journals and academic institutions:

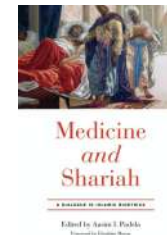


January 2021

Title: Tarbiyat-e-Khudi: A Model of Self-Development from Poems of Muhammad Iqbal in Asrar-i-Khudi

Published in: Bahria Journal of Professional Psychology

Author(s): Dr. Fahad Khan, Kainaat Malik



June 2021

Title: Chapter 5: Exploring the Role of Mental Status and Expert Testimony in the Islamic Judicial Process

Published in: Medicine and Shariah: A Dialogue in Islamic Bioethics by Dr. Asim Padela

Author(s): Dr. Hooman Keshavarzi, Mawlana Bilal Ali Ansari



July 2021

Title: Suicide Attempts of Muslims Compared with Other Religious Groups in the US

Published in: JAMA Psychiatry Research Publication

Author(s): Dr. Hooman Keshavarzi (amongst others)

Publications

Clinical Training

Khalil Center is committed to providing students of psychology ample opportunities to progress in their careers and build the skillsets needed to effectively serve the greater Muslim community. Our training programs afford students unique advantages which include weekly supervisions, varying modes of therapy, research, training, case conceptualizations, and more.

Our training programs include the following:



Undergraduate, Graduate, and Doctoral Internships



Post-Doctoral Fellowships



TIIP Supervision

2021 at a glance

11

Interns Graduated

52

Hours of didactic trainings delivered

144

TIIP Supervision groups conducted



Clinical Training

Professional Education

Professional Education

Khalil Center values the education of the greater Muslim community as we build a movement of psycho-spiritual integration and reform beyond our walls. We hope to inspire and educate the next generation of Muslims psychologists and therapists that will pave the way for more healing and tranquility.

Training Spotlight: First Ever TIIP Training in Istanbul!

This year, Khalil Center held its first ever, international training on the TIIP (Traditional Islamically Integrated Psychotherapy) modality at the famous Süleymaniye Madrasah in Istanbul, Turkey.



53 attendees from 7 different countries including: Turkey, America, France, Sweden, Germany, Dubai, and Canada



50+

hours of lectures and professional training



10+

Islamically Integrated Cases Conceptualized

Academic Partnerships

Khalil Center takes pride in the academic partnerships it has with various reputable institutions internationally. These strategic relationships help Khalil Center consistently offer professional trainings and education to a wide range of students across the globe.



Academic Partnerships



Usul Academy



Association of Psychology Postdoctoral & Internship Centers



Ibn Haldun University



Bahria University



The Chicago School of Professional Psychology



Riphah International University



Shifa Tameer-e-Millat University



Institute for Muslim Mental Health



University of Illinois at Chicago



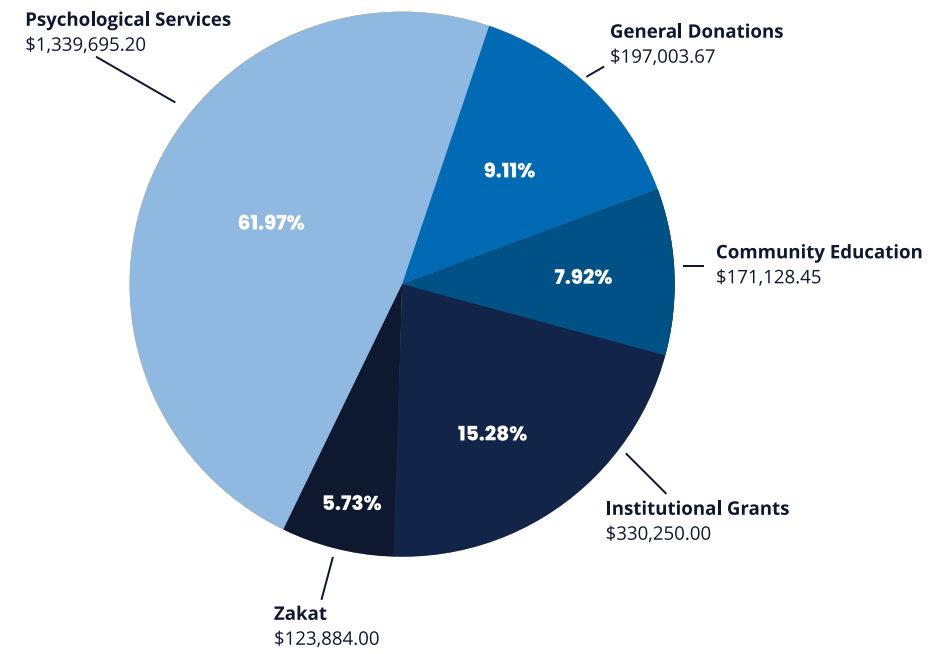
Istanbul Research & Education Foundation



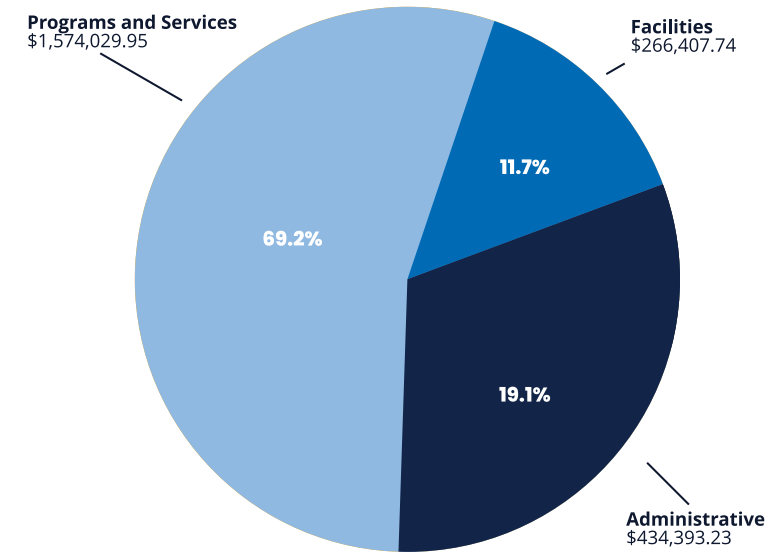
Eğitime Destek Programları Merkezi

Financials

Revenue



Expenses





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Our Team

Our Team

Khalil Center is proud to have a diverse team of qualified, experienced, and licensed therapists diligently serving the mental health needs of the Muslim community. Our vital work is only possible through their passion and dedication.

Leadership

Bilal Ali Ansari
Hooman Keshavarzi

Mohsin Khan
Khalil Demir

Chicagoland

AbdulAziz Syed
Abdullah Ansari
Amara Rafiq
Asia Ahmed
Dilek McCombs
Eanara Ghoulah
Fahad Khan
Habibah Arshad
Hamza Quadri
Lujain Mahmoud
Maria Habeeb
Michelle Kulach
Mohamad Ata
Muheeb Giwa
Nada Shalash
Rabiah Dayala
Rafay Raziuddin
Rama Atieh
Sabaahath Latifi
Sadiah Qureshi
Samar Harfi
Sana Mohiuddin
Sarah Syed
Shada Atwa
Shireen Musleh
Syed Ridwan Yusuf
Yusuf Salah
Zaynah Farooq

Los Angeles

Suhail Mulla
Aciah Atayee
Ala Namaan
Fatima Wahab
Haya Jamelellail
Humera Sheikh
Nursel Hussain
Pauline Rivera
Tabari Zahir
Usman Khan
Zubair Syed
Sarah Rahman

New York

Ayah Issa
Tasnia Ahamed
Venus Mahmoodi

Santa Clara

Heba El-Haddad
Hira Khanzada
Melissa Daoud
Rabab Elkadi
Sabreen Azhar

Toronto

Ambreen Yousaf
Amana Halawa
Emad Alarashi
Fatima Baig
Gulay Kavak
Kashmala Qasim
Madiha Bhatti
Meccana Ali
Munsif Mubarak
Raniya Syed
Saleha Gangat
Sumayya Mehmood
Ikramuddin Syed

KC Online

Ahmed Guiga
Amatullah Craft
Enes Kaban
Khalid Elzamzamy
Mohamed Sattar
Unaiza Malik

Locations



CHICAGO (NATIONAL HEADQUARTERS)
998 N Lombard Rd. Lombard, IL 60148



LOS ANGELES
9836 White Oak Ave., Suite 101
Northridge, CA 91325



NEW YORK
4 W. 43rd St., Suite 510/520
New York, NY 10036



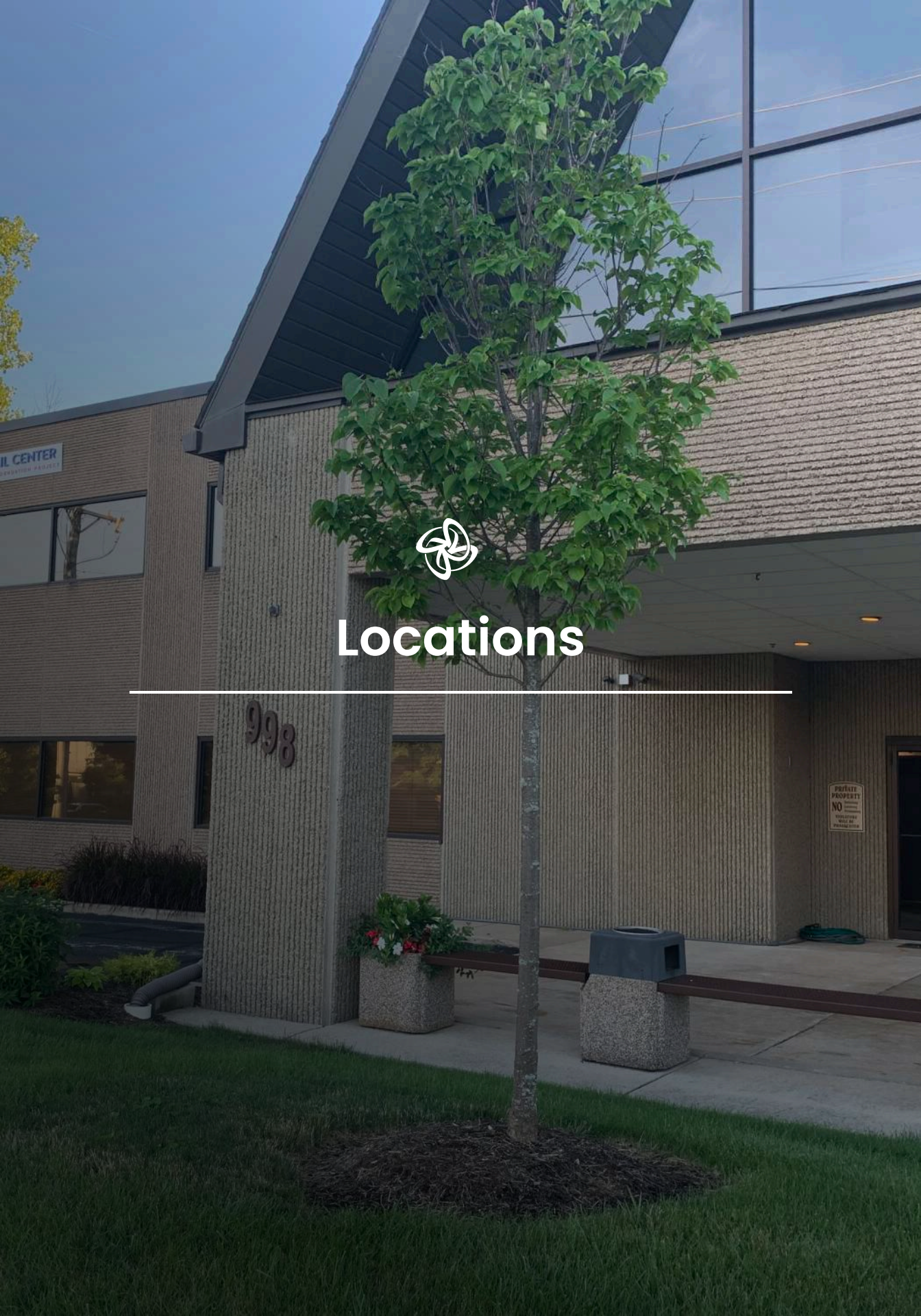
BAY AREA
3003 Scott Blvd,
Santa Clara, CA 95054



TORONTO
201 Consumers Rd. Suite 101
M2J4GB, North York, ON

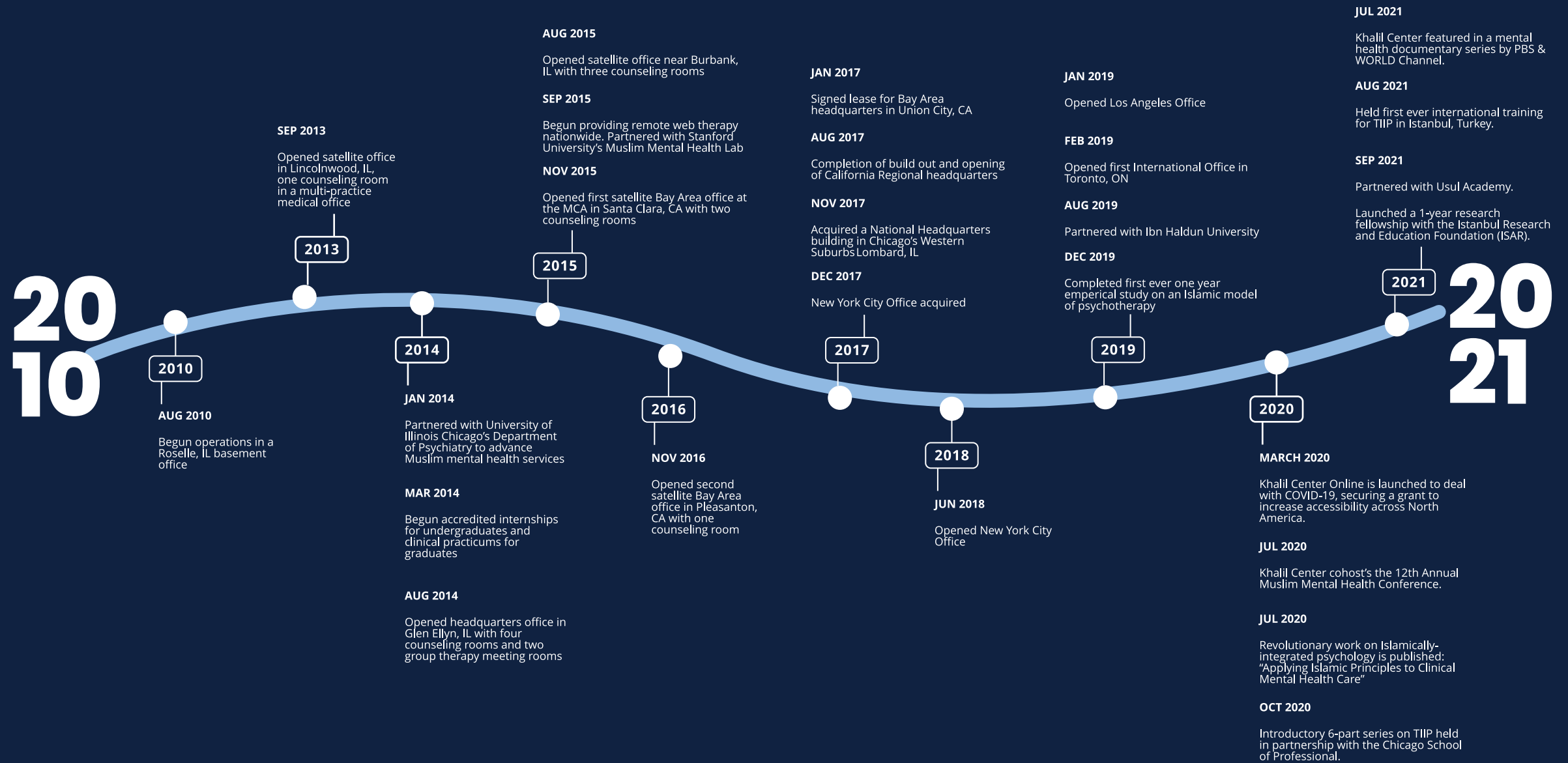


ZAKAT FOUNDATION OF AMERICA
7421 W. 100th Pl.
Bridgeview, IL 60455



Locations

History of Our Organization





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